

To: and all other Physiotherapists in Nova Scotia



NSCP NEWSLETTER: FALL EDITION 2016

OF SPECIAL INTEREST: Registration renewals will be out November First for the year 2017...

As has been the case in the past starting November 1, 2016 all current members of the NSCP will receive an email notice containing their User Name (Membership number) and 6 digit Password; such, that you will be able to go online and renew their license for 2017.

Some Cautions:

- If your present status is Non Practicing Leave of Absence, NP(LOA), then you will not receive nor are you supposed to receive a renewal email.
- If before April 1, 2017 you will be going on Mat Leave, or extended leave for any other health reason please contact Pat at the office before you attempt to register (office@nsphysio.com). You may be eligible for a reduced or fee postponement.
- The fee for 2017 is \$420 for the year or \$210 for 3 Months; unchanged from 2015 and 2016
- If during the renewal process you need to change to your home address or phone numbers, please remember it will be easier to send Pat an email and have him change either you phone numbers or home address; this can be done before or after you register online.

Mark your Calendars for the **NSCP AGM!! MARCH 4, 2017** More Details to follow!

ONSITE PEER REVIEWS

Onsite Peer reviews Have Started

We have randomly chosen a few sites from around the province for onsite assessment. We will use the feedback, from both the sites and the Assessors, to revise and improve our process on an ongoing basis. We currently have 10 Assessors trained and will bring on more during the next year.

If you are semi-retired and interested in becoming a peer assessor, or you know of someone recently retired who would like to stay involved...

please have them contact Joan Ross at: registrar@nsphysio.com

Point to Ponder over Coffee...



Be a Professional!!

I have heard numerous times over the past few months of cases where physiotherapists have made derogatory comments about services provided by their peers. That is bad enough, but these comments are being made to clients! Where is your professionalism folks!! I realize that business is money, but this is first and foremost a *HEALTH PROFESSION*, not just a job or means of making money. We are a self-regulated profession and that brings with it ethical responsibilities. If you have concerns about a service being provided by a peer, address it with the peer, certainly not the client. First of all, the client may not be telling the full story, and secondly, there are two sides to every story. In the same situation, each of us would rather be contacted by our peer and given the opportunity to explain the reasoning and the treatment, than have someone bad mouth us to a client and have that passed on in public to potential clients. **There is not one of us that knows everything or can treat every personality out there.** Furthermore, **we do not expect you to**, but **we do expect you to demonstrate professional behaviours and attitudes** and to refer or consult with your peers when you are up against something beyond your knowledge or expertise. The rule of thumb is always "do no harm". It is better to seek advice from a peer than risk harm to a client. **BE A COLLABORATOR NOT A COMPETITOR!!** It is about what is best for the client, not your pocketbook. If we are professional in our interactions, we all win.

Please remember...It is your legal responsibility to notify the Registrar of any change in your practice status within 7 days, and to keep the Office informed of any changes to your name, your home address, your email address or your place of employment.

We post an up to date directory on our website to assist insurers and potential clients in their search for practitioners.

NS COLLEGE OF PHYSIOTHERAPISTS BOARD OF DIRECTORS

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[Patrick King, Exec Director and Joan Ross, Registrar (&Alliance Rep.) are the staff members.]

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We encourage all our members to regularly visit our website and check for news updates, new standards or drafts, updated Member Lists (verify that your own information is accurate), check out our Quality Practice Program with self-assessment tools and many more exciting things. Recently added or updated on the Website: [Roster Request Form](#); and both the Service Locations and Members Lists tabs have been updated. The public of NS have access to these latter two tabs to identify you or your clinic/institution so it might be worthwhile to insure your data is accurate and that all facilities have correct address co-ordinates and phone numbers. Send Pat an email (office@nsphysio.com) if a change or update is required. Check out the Frequently asked questions and perhaps you have some you would like to see added.

Registrar's Corner...

A....

One of our members keeps a blog, mostly for the research at Dalhousie School of PT with regards to MSK injuries and management etc. He has about 80 followers, (mostly PT's from around Canada), but would love to have more. Each time there is a post, everyone gets an email. He has had great feedback from the clinicians that follow the blog. He thought it would be a wonderful to keep PTs engaged in the work we do here in the province to advance our practice. Here is the address; www.rutherfordnews.wordpress.com

ROSTERS

As I mentioned in the previous letter I am creating Rosters of members with advanced skills and focused practice in treating pelvic floor, vestibular dysfunction, TMJ, spinal manipulation, as well as those with AA2 acupuncture certification or higher and FCAMT manual therapy certification. I am asking those members who have completed certified programs in any of these areas and who maintain currency and competency as required by the program and who use this knowledge and skill regularly in practice, to download the [Roster Request Form](#) and send it in to me.

AND ON TO SkyPort

SkyPort... Your Portfolio in the Sky: Yes, the NSCP, like so many others, is working to a paperless, environmentally friendly space. So we have had built a portal through which you will have access to your own personal, secure, confidential, and password protected portfolio in the sky. We are calling these spaces SkyPorts, for portfolios in the sky. Now NSCP members will no longer be required to keep any paper portfolios, all of your data can be stored in your SkyPort. In addition, you can upload Course Certificates and Proofs of Attendance etc. to your SkyPort at any time. After all, it is your personal storage place. You also have the ability to bring your uploaded portfolio material from your SkyPort to your printer if you need to make a hard copy. You just need to go to https://nsphysio.nicomhost.com/NSPHYSIO_MEMBER_PORTFOLIO/ once you have entered

your **username:** and your: **password:** and clicked on Login you will have accessed your SkyPort; a welcome page has opened with a gray bar containing the headings: *Home, Portfolio, Hours Worked, Help, and Log Out.* When you click on *Home* you will be returned to the page that opened after you logged in, the welcome page. If you click on *Hours Worked* you will see your personal information re home and work address as well as the last five (5) years of Practice, Volunteer and CE hours that we have on file for you. The *Help* button brings you to a page that has a little information with more coming as required and the *Log Out* button... well it logs you out of SkyPort. Now Click on *Portfolio* and when the page refreshes you will see your name just under the gray bar, your Registration number and your Classification. Below this on the left side you will see seven (7) titles each with a small box to its left containing a plus (+) sign. By clicking on the plus box you open that topic, e.g. if you click on the box alongside Practice, you are able to see your last five (5) years of Practice hours and where you worked; also note the plus box alongside Practice has changed to a negative (-) box and when you click on it the Practice page closes.

Now to start work on your next Portfolio Review; on the Portfolio page under the Required Hours category there is Portfolio Requirements. The first one is Resume and the second is Job Description, alongside to the right of each is a box with the word *Upload.* Assuming your resume and or Job Description are on the PC you are using to access your SkyPort then click on Upload and when the page opens click Browse, find your resume file and upload it by clicking on the word Upload in the lower left corner. Once your Resume is uploaded to your SkyPort click Close. Do the same for Job description. *You have now completed Component 1 and 2 of your next Portfolio Review.*

To complete Component 3, click on the plus box alongside Self-Assessment 1 - 3, a page opens with the word Unit 1 highlighted, Pages 1, 2 and 3 are listed on the left and page one of the Unit 1 self-assessment is open to be completed. Complete page one, click next and continue until you have completed and saved Unit 1. Now do unit 2 followed by Unit 3. *Component 3 is completed!*

Close Self Assessment Units 1 – 3 and click on the box alongside Continuing Education above. You may have noticed that you are now able to log your CE events in your SkyPort. Feel free to do so because in reality everything you need in your Portfolio can be kept here. And eventually all your Portfolio materials will be on line accessible to you and accessible to our trained accessors. Also open the Additional Information category on the bottom. Here you can keep copies of Certificate, degrees, etc etc.

Some hints for the early SkyPort adopters:

- If you need assistance email Pat: office@nsphysio.com
- The system does not accept photos (yet) but will accept MSWord, PDF, excel files etc.
- If you want to upload CE events Pre 2016 that are already in an electronic file on your computer, such that you don't have to re-enter each CE event Pre 2016 under the Continuing Education category then load the data under the bottom heading Additional Information.
- Begin 2016 today by entering information re CE events, and Volunteer endeavors.