

# NSCP NEWSLETTER

Winter 2019

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Contact us at:  
office@nsphysio.com



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## Cautionary Tale

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Read this all the way to the end. You'll be glad you did.

We'd like to share a recent story of one of our colleagues. It is a bit of a scary one, not because of what happened but because it really could happen to any one of us.

During renewal, a registrant was informed that their recorded CE hours did not meet the requirement (200 hours in the previous 5 years). Most often in these situations' individuals have done the required CE and just need to update their records. For those that haven't the process is simple – they provide a plan for how they will catch up before the next renewal cycle and then execute the plan over the intervening months. Once the plan is received the renewal continues as per normal. This is not what happened in this case. Read the excerpt below from the registrant explaining what happened:

“...I received your email [on December 1st](#) and did not read the entire contents so I misinterpreted its message. I did not realize my renewal had been rejected and that my license would therefore be suspended...”

...I...did not read the entire email...

We are all bombarded with emails daily. Scanning through is sometimes the only way to triage the messages we get. We all have developed our own ways of prioritizing the messages we receive...

...and that my license would therefore be suspended...(for what would end up being nearly 2 months before the registrant made contact and completed their renewal)...

How do you prioritize the messages you get? Read on to see some tips to help and what we are doing to improve our processes to make it easier for you to meet your obligations.

A good start would be to read the entire message...

## AGM DETAILS MARCH 30, 2019:

### NS Physiotherapy Forum 2019 – Announcement

We are pleased to announce that 2019 marks the inaugural year for the Nova Scotia Physiotherapy Forum! An exciting event for the physiotherapy community in NS, presented in partnership by the Nova Scotia Physiotherapy Association (NSPA), the Nova Scotia College of Physiotherapists (NSCP), and Dalhousie School of Physiotherapy. It will provide physiotherapists, physiotherapy students and physiotherapy assistants with the chance to take part in leading-edge professional development, the **Annual General Meetings of both the NSPA and NSCP**, and connect with colleagues and leaders from across the province. Join us on Saturday March 30th, 2019 at the Collaborative Health and Education Building (CHEB), Dalhousie University in Room C170.

Follow the link to register:

<https://www.eventbrite.com/e/ns-physiotherapy-forum-2019-tickets-57404482352>

## ANNUAL REPORT AND MINUTES:

The annual report for 2018 and last year's AGM minutes are posted at the NSCP website here:

<http://nsphysio.com/resources/2018+Annual+report+Approved+Draft.pdf>

and here:

<http://nsphysio.com/resources/2017+AGM+Minutes+2018+03+03.pdf>

In the interests of minimizing waste (time, money and trees), members are encouraged to review the documents in advance and download the report and minutes to their favourite electronic device for reference during the meeting.

Paper copies will be available by request only – email [Mark.williams@nsphysio.com](mailto:Mark.williams@nsphysio.com) if you require a printed copy.

## CALL FOR NOMINATIONS:

**Each year the NSCP undertakes an election at its AGM. 2019 is no exception. This year there are three incumbents Craig White, Shaun Sangster, and Jeff Knowles and a full term (2-year) vacancy;**

### WHAT IS THE NSCP BOARD?

The Board is the governing body of the College. It is composed of eight (8) elected physiotherapists from across the province experienced in either or both public and private practice, as well as two (2) members from the public, appointed by government. (Ten Directors in all)

### WHAT DOES A BOARD MEMBER DO?

Board members (referred to as directors) are responsible for making decisions that best serve the public interest and improve the quality of physiotherapy care in the province. As a Board member you would be involved in establishing policies to ensure that the College operations reflect its mandate and to safeguard the College's assets.

### WHAT KIND OF TIME COMMITMENT IS THERE?

You must be willing to devote 1 – 2 days/month to College business, most likely from your own home, reviewing materials and keeping abreast of College matters. In addition, there are about 8 – 2hr. Board meetings per year. Board members must be prepared to review materials prior to meetings, and to communicate the College perspective on regulatory issues to the members when asked.

### AM I COMPENSATED?

Board members receive an honorarium equal to the annual registration fee and are reimbursed for mileage and expenses incurred as a result of Board activity. In addition, you will receive Board/governance training and invaluable experience. You will be giving back to your profession while experiencing the opportunity to learn more about the political and legal framework that defines your profession

### HOW DO I RUN FOR THE BOARD?

Members are eligible to run for a Board position if they hold an active registration and are in good standing with the College. Complete the Nomination form ([Click here for MSWord](#)) ([Click here for PDF](#)). If the link does not work the forms can be found on the NSCP website at: [www.nsphysio.com](http://www.nsphysio.com) under the 'Downloads – Forms' tab. Submit the completed form to the College office at [office@nsphysio.com](mailto:office@nsphysio.com) by March 13, 2018.

## AGM CONTINUING EDUCATION:

As in past years there will be continuing education provided in the afternoon at no cost to participants. Special thanks to our co-hosts Dalhousie University School of Physiotherapy and NSPA.

We are pleased to have Eryn Matheson, PT and Sean Murphy, OT of the NSCC delivering information on the OTA-PTA program in their session titled 'Anatomy of an OTA-PTA'.

The Keynote address will be delivered by Dr. David Walton PT, PhD Associate Professor, School of Physical Therapy, Western University delivering the Keynote Address 'Facing our future: Physiotherapy at the nexus of tradition and innovation'

Check out the NS Physio Forum registration link for details:

<https://www.eventbrite.com/e/ns-physiotherapy-forum-2019-tickets-57404482352>

Also, Dr. David Walton will be delivering a half day session on Sunday March 31, 2019 hosted by the NSPA. When you register check out the details and registration fee for this enticing evidenced-based session titled 'Comprehensive Pain Assessment for Clinicians – New Frameworks and Tools to Optimize Patient Outcomes'.



## GET INVOLVED! BENEFIT FROM THE EXPERIENCE!!



We are looking for Clinical Instructors (CI's) for Dal PT student placements. Refine your teaching and mentoring skills, stay up to date on the latest evidence, recruit potential new staff, and fulfill your licensing requirements (**claim up to 60 CE hours**)! Contact [Daphne@dal.ca](mailto:Daphne@dal.ca) for details on how you can benefit from supporting clinical education.

## IMPROVING OUR TECHNOLOGY

The NSCP is getting an upgrade! We are excited to announce that we are in the late stages of upgrading our website, database and online member portal. We have selected Guild as our new platform and are customizing it to take advantage of modern online features. This new system will allow us to better meet our reporting requirements both nationally and provincially. Is that not exciting enough for you? How about a brand new interface with your online portfolio that is simple to use and compatible with all of your devices. Quickly see how you are progressing with your portfolio and get automatic updates on when you are due for a review and when renewals are coming. Update your contact information anytime, online quickly, easily and securely. Even from your mobile device.

We are looking for 10-15 individuals to be beta-testers for the new system in the coming weeks. We think things are looking pretty good, but we need your help to try and break the sucker. That's right, we aren't just looking for early adopter types. If you are a self-proclaimed technophobe then we want you in there too, searching for ways to bring up the blue screen of death. Also, your feedback on improvements will be welcomed and shared with our new provider to build in as improvements for the future.

If you're interested email [mark.williams@nsphysio.com](mailto:mark.williams@nsphysio.com).

## IMPORTANT MESSAGE RE: 2019 PORTFOLIO REVIEWS

With the new database and portfolio system the potential for improvements to our peer review process are immense. To allow for adequate time and resources for the committee to improve the process and test the new system, all portfolio reviews due in 2019 will be moved to 2020. Devastating, I know. You'll get over it.

## IMPORTANT MESSAGE FOR ALL MEMBERS – CRIMINAL RECORD CHECKS

In keeping with the NSCPs mandate to protect the public the Board has decided to require Criminal Records Checks and Vulnerable Sectors Checks for all new and existing registrants. This is in keeping with current recommended risk management policies and will keep us up-to-date with current best practices for regulators. For existing members, the initial checks will be required at the time of their next portfolio review and renewed on the same 5-year cycle. In following portfolio review cycles a criminal record check will be required.

## MESSAGE FROM DALHOUSIE SCHOOL OF PHYSIOTHERAPY

**Call for Application for Director, School of Physiotherapy/Assistant Dean, Faculty of Health, Dalhousie University (July 1, 2019 - June 30, 2024). [Apply online](#) or learn more by contacting Nick Little or Laura Godsoe at 1.902.422.1542. If interested please apply by **March 18, 2019**.**

## STUDY PARTICIPANTS NEEDED:



Dear Canadian Physiotherapist or Physiotherapy Student,

We are contacting you for a brief online survey about knowledge of executive functioning and executive functioning assessments. We are researchers from the School of Physical Therapy at Western University. We have prepared a brief survey to help us learn more about what physiotherapists and students, like you, understand about executive functioning and the assessments used to measure it.

The survey takes approximately 10-15 minutes to complete. Simply click on the link below to take the survey.

[\\*https://uwo.eu.qualtrics.com/jfe/form/SV\\_6F11jLET6zy4zPv\\*](https://uwo.eu.qualtrics.com/jfe/form/SV_6F11jLET6zy4zPv)

The first page of the survey provides information about confidentiality, anonymous submission and the conditions to withdraw from the research.

We value your expertise and appreciate you for taking the time to contribute to this research.

Thank you,

Dr. Denise Connelly (Principle Investigator) and Nicole Guitar (PhD/MPT Candidate)

## IMPORTANT NOTICE!

**Please remember...It is your legal responsibility to notify the Registrar of any change in your practice status within 7 days, and to keep the Office informed of any changes to your name, your home address, your email address or your place of employment.**

**We post an up to date directory on our website to assist insurers and potential clients in their search for practitioners.**

Visit [WWW.NSPHYSIO.COM](http://WWW.NSPHYSIO.COM)

for news updates, new standards or drafts, updated Member Lists (verify that your own information is accurate), check out our Quality Practice Program with self-assessment tools and many more exciting things. Recently added or updated on the Website: Information on Cross Border Practice, National Professional Practice Standards and new Essential Competency Profile; Check out the FAQ and perhaps you have some you would like to see added...let us know!

**CONTACT US:**

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**OKAY...SO YOU MADE IT TO THE END...SORT OF LIKE SITTING THROUGH THE CREDITS OF A MOVIE FOR THE CUT SCENES RIGHT?**

Here's a checklist of things to do so you don't get stuck in the situation outlined at the top of this newsletter

- ✓ Use a non-work email address – When you are on leave you probably aren't checking work emails and may not even have access to it. If you change jobs you won't have to worry about updating your email, and you will have control over the spam/firewall protection.
- ✓ Make sure your email address is up to date with us (please wait until the new system rolls out so we are not flooded with 800 requests to check or change email addresses)
- ✓ Ensure all NSCP email addresses are in your "never junk mail" protected list.
- ✓ Flag, Star, Prioritize, respond to emails. Most email accounts now use AI to prioritize and sort through your email. Don't let the algorithms think you just delete NSCP messages
- ✓ Read every message. All the way. Even past the credits.

Finally, ask yourself this. How many days do I have to update my practice status with the College? If you know don't know, you just scanned past a heading that said **IMPORTANT NOTICE!**