



S.M.A.R.T. Process for GOAL Setting

Goal Component		Description of Component	My Goal Component
S	Specific	Details provide a clear picture of what is wanted.	
M	Measurable	Must be measurable to know if you achieve it.	
A	Action oriented	Details of what needs to be done are clear.	
R	Relevant	This goal is applicable to current practice or new role to be undertaken.	
T	Timeline	There must be a specific time frame for the goal.	

My completed Goal Statement: