

LEARNING EXPERIENCE FORM (SAMPLE)

Learning Experiences include in-services, workshops, courses, PT related journal /book readings, student/peer mentoring, research, group studies and peer discussions/ learning. (This tool is a good way to self-reflect on whether or not the activity met your objectives and was relevant to your practice.)

Learning Activity:

This is the Name of course, reading, workshop, presentation etc. ...should include the instructor's name or details of the book/reading etc. so you could reference it again if needed. (This is a learning activity after all)

Eg. Attended workshop on PACE put on by AwareNS and WCB- Instructors were Jane Smith PT and Tom Jones Date May 5, 2017

Expected Learning Outcomes:

This is why you are partaking in the activity...what are your expectations? What are you hoping to learn from this.?

Eg. I am hoping to have a better understanding of the principles of PACE and how to incorporate them into daily practice.

Key Points Learned:

What did you learn from the Activity? Perhaps it was some new evidence for practice, new techniques, affirmation that your own current practice is current and "best practice",

PACE is similar to our current practice, but is intended to become a provincial endeavor. With job mobility, it will be nice if we were all on the same page. This is about how we mobilize/transfer clients in a manner that is safe for both clients and Staff. There are tools available to help us get there.

Relevance to My Practice:

Was my learning experience relevant to my practice? Was it relevant to my area of growing interest more so than my current practice?

This workshop was relevant to my practice because long term care is the care service area with the most frequent staff injury due to mobilizing/transferring clients.

Application:

How do I see myself using this information in my daily practice?

It has given me more tools and information to utilize in class presentations for staff education, (logos, posters and tips to share).

Best Evidence:

What is the research etc. behind the course? Is it ethical studies? Is it current?

The evidence used in this workshop was researched and presented as a joint project with DHW, AwareNS and WCB. It was based on current data studies and pilot program results.

Further learning needs:

Have I identified further learning needs as a result of this activity?

Although I have no specific learning plans at this time, I will be using this group as a resource when developing Staff education sessions.

Continuing Education Hours: 3 hours

