

SELF ASSESSMENT Unit 1

Responsibilities to the Client

RESPONSE KEY

C=consistently

I=needs improvement

N/A= not applicable

Professional Accountability

	Performance Criteria	Response
1.1	I respect the autonomy of the client.	
1.1.1	I respect each client's rights, dignity, and wishes. I have not refused care to any client on the grounds of race, religion, ethnic, or national origin, age, sex, sexual orientation and social or health status.	
1.1.2	I ensure that the client is addressed and treated with respect, and receives attention according to individual needs. I protect the client's right to physical and psychological privacy.	
1.1.3	I obtain informed consent prior to initiating or modifying a treatment.	
1.1.4	I encourage shared decision- making and responsibility with the client.	
1.2	I acknowledge the client's needs and goals before other factors.	
1.2.1	I maintain an open physiotherapist/client relationship that ensures full disclosure of potential conflict of interest situations. (e.g. treating family members and financial rewards to/from referral source.)	
1.2.2	I provide client-centred care and design and carry out interventions that reflect cost effective use of available resources, and the client's needs.	
1.2.3	I am transparent about my fee structure and charge fees that are justifiable for service performed.	
1.3	I maintain professional integrity in my service to clients.	
1.3.1	I have read the Code of Ethics and apply ethical principles in making decisions regarding client services.	
1.3.2	I practice only within the scope of physiotherapy practice in which I am competent.	
1.3.3	I refer/direct clients to other physiotherapists/ health professionals when the required services are beyond my clinical skills.	
1.4	I communicate with clients, and other professionals to achieve desired outcomes	
1.4.1	I collaborate with other health professionals, and with support workers, to achieve client goals and outcomes provided client consent is obtained	
1.4.2	I assume responsibility for all care I delegate to physiotherapy support workers and I document the delegated tasks.	

SELF ASSESSMENT Unit 1

Responsibilities to the Client (Cont'd)

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Client Assessment and Treatment Intervention

	Performance Criteria	Response
1.5	I determine the potential benefit of the service to the client.	
1.5.1	I refer clients to other health professionals when such action is in the best interest of the client.	
1.5.2	I identify appropriate expectations for the service and reach an agreement with the client on physiotherapy involvement based on parameters of service, expertise, and resources.	
1.6	I document client history.	
1.6.1	I interview the client to obtain relevant information about current health status, previous health interventions and associated history.	
1.6.2	I obtain supplementary information such as reports etc. only with the consent of the client.	
1.6.3	I review /record necessary information re: functional ability and physical and occupational performance.	
1.7	I collect quantitative and qualitative data from my physical assessment	
1.7.1	I select and utilize evidence –based assessment methods.	
1.7.2	I inform the client of the nature and purpose of assessment, as well as of any associated risk factors or financial costs.	
1.7.3	I use standardized approaches and measures and document my findings.	
1.7.4	I establish the baseline outcome measures	
1.7.5	I monitor the client’s health status for significant changes during the assessment and document appropriately.	
1.8	I analyze the findings and make a physiotherapy diagnosis and treatment plan.	
1.8.1	I discuss the findings and the diagnosis with the client	
1.8.2	I involve the client in the planning of specific goals and measurable, attainable out comes with an intervention consistent with their needs and with available resources	
1.8.3	I discuss the approach, risks and benefits of the service to ensure that there is informed consent prior to finalizing the treatment plan	

SELF ASSESSMENT Unit 1 Responsibilities to the Client (Cont'd)

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Implementation and Evaluation

	Performance Criteria	Response
1.9	I implement evidence based physiotherapy interventions.	
1.9.1	I orient the client to the practice setting and provide information about relevant policies such as cancellation, fire exits, missed appointments etc.	
1.9.2	I perform interventions that are within my scope of practice and my skill set.	
1.9.3	I establish the intensity and duration of the intervention to be consistent with the individual client's health status and assessment findings, and in accordance with best practice.	
1.9.4	I educate the client and relevant others about prevention and self-management.	
1.9.5	I document my interventions clearly to enable consistency in delivery of service.	
1.10	I evaluate the interventions and make adjustments if appropriate.	
1.10.1	I conduct ongoing assessments and monitor client responses to the intervention and any changes in status.	
1.10.2	I evaluate the effectiveness of the intervention on an ongoing basis and discontinue specific treatments that are no longer effective.	
1.10.3	I discuss the results of the ongoing evaluations with the client and adjust goals and strategies as necessary with client consent.	
1.10.4	I collaborate with the client and other health team members if follow-up or other services are required.	
1.10.5	I discontinue service once goals have been achieved or upon request, or if there is no further benefit to be had from the service and involve the client in the discussion.	

SELF ASSESSMENT Unit 2

Responsibilities to Society

RESPONSE KEY

C=consistently

I=needs improvement

N/A= not applicable

Professional Accountability, Communication and Practice Management

	Performance Criteria	Response
2.1	I practice in accordance with the Physiotherapy Act 1998 and the Regulations made under the Act as amended from time to time.	
2.1.	I have reviewed the profession's scope of practice and provide only services that fall within that scope of practice and my personal competence.	
2.1.2	I ensure that the client is addressed and treated with respect, and receives attention according to individual needs. I protect the client's right to physical and psychological privacy.	
2.1.3	I report to the NSCP any conduct that is in contravention of the Act or of the Code of Ethics, or Rules of Conduct	
2.2	I adhere to ethical business principles and practices.	
2.2.1	I ensure that my professional judgment and integrity are not compromised by the motives of profit.	
2.2.2	I enter into contracts and agreements only when professional integrity and duty to client can be maintained	
2.3	I provide clients with a clear, accountable and transparent fee structure. This includes but is not limited to :	
2.3.1.a	Informing client of fee structure prior to providing service	
1.b	Establishing a fee appropriate for service provided	
1.c	Not charging a fee for services not performed	
1.d	Itemizing account on request of client or agency making payment	
2.4	I adhere to the NSCP Standards of Practice and NSCP Practice Guidelines as amended from time to time.	
2.4.1	I record accurately and provide appropriate and timely access to relevant information about the client and the physiotherapy service.	
2.4.2	I inform the client about the purpose and content of reports.	
2.4.3	I maintain a complete and accessible service and financial record for each client according to standards.	
2.4.4	I participate in maintenance of physiotherapy service records, equipment service and repair records according to standards. I report any malfunction and stop using that equipment until repaired.	
2.5	I do not contravene any federal, provincial or municipal laws, by-laws or regulations while practicing physiotherapy.	

SELF ASSESSMENT Unit 3

Responsibilities to the Profession

RESPONSE KEY

C=consistently

I=needs improvement

N/A= not applicable

Professional Accountability

	Performance Criteria	Response
3.1	I conduct myself in such a manner as to merit the respect of my peers and of society for the profession.	
3.2	I act with integrity and dedication in my search for knowledge and my service to the public	
3.3	I engage in continuing education to facilitate and maintain ongoing professional competence throughout my career.	
3.4	I am a willing and diligent preceptor in the education of physiotherapy students	
3.5	I am responsible for ensuring that research protocols comply with and respect the rights of the subjects, and the applicable standards accepted in the scientific community.	