

To: **XXXXXXXXXXXX** and all other Physiotherapists in Nova Scotia
NSCP NEWSLETTER: WINTER EDITION 2017



OF SPECIAL INTEREST:

The 2016 Annual Report is now available for viewing on the NSCP website. Go to the website, click on the College News tab and voila...

Also the NS College of Physiotherapists AGM for 2016 will be held on March 4, 2017 ... Mark your calendars and come prepared to participate and learn. Vote in the Board members...these are the folks that represent your point of view in serving the public interest at the decision making table!

NSCP AGM will be held on March 4 at Dalhousie University.

It will be in Theatre B in the Tupper Link from 9am-3pm

Lunch will be provided so you need to RSVP to Office@nsphysio.com

I know that most of you made New Year resolutions to be better practitioners ... And... at the AGM we are giving you information to help you along that path.

We will tell you what is new in NS Practice! You will be the first ones introduced to new national practice documents!

Get the answers to such questions as:

When is it OK to discharge/refuse to treat a patient?

How to respond to a patient complaint/concern?

What do I need to know about infection control in my clinic?... and more!

Point to Ponder over Coffee...

Is It Physiotherapy?!

All Health Care professions evolve as evidence informed practice base expands and technology advances. What was once the experimental therapy of yesterday, may be the conventional practice of today, and gone by tomorrow! During the constant evolution of practice it is our role to safe guard the public. Physiotherapy practice must continue to be evidence informed, with regulation in place to support, not hinder practice. No one profession owns a skill or activity exclusively, scopes overlap and the technology is available to all. Many activities are driven by pressure to have the latest equipment and be part of the latest trends ... this is not evidence based practice evolution.



As a health professional you need to be doing your own research on new interventions /activities because as we all know, research can be fixed to produce desired results and the tests group may not be indicative of the population you treat. We should be asking, what risks are involved in the delivery of this service? Is it an entry level competency or advanced? What is the quality of the training? Is there something that works just as well with less risk? Have I identified to my patient that this is not a conventional technique/service? Can somebody else do this better? At the end of the day, you are accountable for the service you provide and, if questioned, need to have the research and studies to back up your rationale for using it.

Please remember...It is your legal responsibility to notify the Registrar of any change in your practice status within 7 days, and to keep the Office informed of any changes to your name, your home address, your email address or your place of employment. We post an up to date directory on our website to assist insurers and potential clients in their search for practitioners.

NSCP BOARD OF DIRECTORS

Mike Sangster - Board Chair / PAC Chair/ Personnel Comm.

Aimee Cooke - Vice Chair / PSC Chair / Personnel Comm.

Jeff Knowles - Secretary / Peer Assessment Comm.

Mark Williams - Treasurer / Finance Comm.

Shaun Sangster - Member / Practice Standards Comm.

Deanna Landry - Member

Craig White - Member

Kristen Taylor - Member

Wayne Carlon- Lay Representative / PAC.

The staff members are Patrick King, Exec Director and Joan Ross, Registrar (&Alliance Rep.)

WWW.NSPHYSIO.COM :

We encourage all our members to regularly visit our website and check for news updates, new standards or drafts, updated Member Lists (verify that your own information is accurate), check out our Quality Practice Program with self-assessment tools and many more exciting things. The public of NS have access to these latter two tabs to identify you or your clinic/institution so it might be worthwhile to insure your data is accurate and that all facilities have correct address co-ordinates and phone numbers. Send Pat an email (office@nsphysio.com) if a change or update is required.

SKYPORT HAS ITS ORIGIN IN THE NSCP QUALITY PRACTICE PROGRAM

What is the NSCP Quality Practice Program?

The Mission of the Nova Scotia College of Physiotherapists is to assure that the interests of the public are upheld through the regulation and promotion of safe and effective physiotherapy services. Safe and Efficient services are reflected in the ongoing or continued capacity of a physiotherapist (you) to integrate and apply knowledge, skills and judgment required to practice safely, responsibly and ethically in your role\setting. The NSCP is required to assess your safe and efficient services (your competencies) and given that you the physiotherapist has the primary responsibility for maintaining your competence the NSCP developed the Quality Practice Program (QPP) to assess your competences. The QPP includes the following components: maintenance of a Portfolio, Continuing Education and Practice Assessment.

What is a Portfolio?

A portfolio is the collection of documents that identifies you, your experience(s) and your practice as a physiotherapist. It is the story of where you have been and how you have arrived at where you are at the present time. The portfolio is where you will store the tangible evidence of competency and continuing competency, the documentation of all your continuing education activities, your self- evaluations, your peer assessments/ audits, proof of Insurance, you resume and job description etc.

Check out the Frequently asked questions and perhaps you have some you would like to see added.

What is SkyPort?

In 2016 the NSCP launched a paperless, electronic space by building a portal through which NSCP members have access to their own personal, secure, confidential, and password protected Portfolio in the Sky. We are calling the space SkyPort, for Portfolios in the Sky. Eventually you will no longer be required to keep any paper in your portfolio, all of your data will be in electronic format in your SkyPort. In addition, you will upload Course Certificates and Proofs of Attendance and Insurance, Job Descriptions, Resumes, etc. to your SkyPort.. You also have the ability to bring your uploaded portfolio material from your SkyPort to your printer if you need to make a hard copy.

How do I navigate to and in SkyPort ?

First go here: https://nsphysio.nicomhost.com/NSPHYSIO_MEMBER_PORTFOLIO/ (and Bookmark)

After you have entered your **personal** username **XXXXXX** and your **personal** password **XXXXXX** and clicked on Login you have accessed your SkyPort; a welcome page has opened with a gray bar containing the headings: *Home, Portfolio, Hours Worked, Help, and Log Out*. When you click on *Home* you will be returned to the page that opened after you logged in, the welcome page.

When you click on *Hours Worked* you will see your personal information, your Classification, your home and work address as well as the last five (5) years of Practice, Volunteer and CE hours that we have on file for you. These hours are 2016 provided by you during the Renewal of Registration process in November of each year. The *Help* button brings you to a page that has a little information with more coming as required and the *Log Out* button... well it logs you out of SkyPort.

Now Click on *Portfolio* and when the page refreshes you will see your name just under the gray bar, your Registration number and your Classification. Below this on the left side you will see seven (7) titles each with a small box to its left containing a plus (+) sign. By clicking on the plus box you open that topic, e.g. if you click on the plus box alongside Practice, you are able to see your last five (5) years of Practice hours and where your Employer; also note the plus box alongside Practice has changed to a negative (-) box and when you click on the negative box the Practice page closes.

Now to work; go to the Portfolio Checklist of Requirements here:

<http://nsphysio.com/resources/Checklist+for+Portfolios.pdf> The first requirement on the checklist of Portfolio requirements is your Resume and the second is your Job Description. . Assuming your Resume is on the PC you are using to access your SkyPort then open SkyPort, click on Portfolio and click on the Upload button to the right of Resume and when the page opens click Browse, find your resume file and upload it by clicking on the word Upload in the lower left corner. Once your Resume is uploaded to your SkyPort click Close. Do the same for Job description. You have now started to build an electronic copy of your Portfolio!

Want to complete Portfolio Requirement 5? Click on the plus box alongside Self-Assessment, a page opens with the word Unit 1 highlighted, Pages 1, 2 and 3 are listed on the left and page one of the Unit 1 self-assessment is open to be completed. Complete page one, click next and continue until you have completed and saved Unit 1. Now do unit 2 followed by Unit 3.

You may have noticed that you are also able to log your CE events in your SkyPort. Click on the plus sign alongside Continuing Education or if you want upload Certificates etc. by clicking on the plus sign alongside the last item on the Portfolio page: Additional Information. Feel free to do so because in reality everything you need in your Portfolio can be kept here.

So get familiar with it and start using it, because once every 5 years you will be required to make your Portfolio available for assessment and if your SkyPort is up to-date then you will have little if anything to do for your one in five years Portfolio Review.

**Triple P Project Practice Survey Invitation. Second reminder, deadline Feb 10
(Remember to claim your 10 CE points after you complete the Survey)**

I am writing to you to ask for your help with a very important initiative for the physiotherapy profession in Canada. The National Physiotherapy Advisory Group (NPAG), which is a coalition of four national physiotherapy-related organizations, has a collaborative initiative underway: the Physiotherapy Practice Profile (“Triple P”) project. The goal of the Triple P project is to review and renew the Essential Competency Profile for Physiotherapists in Canada and develop Entry-to-Practice Milestones. These seminal documents are critical for the Physiotherapy Competency Examination, curriculum for physiotherapy education programs, education accreditation standards and other professional activities.

Today, we are asking for your input by responding to the **Physiotherapy Practice Survey** that will help validate the proposed Essential Competencies and Entry-to-Practice Milestones. This will be done via an online survey that you can access at <https://www.surveymonkey.com/r/DZV2DKZ>.

Completing the survey should take you approximately 45-60 minutes; if necessary it can be done over several shorter sessions. Please note that the closing date for the survey is February 10, 2017. Your answers will be kept strictly confidential; only aggregate data will be used for analysis and reporting.

Registrar’s Corner...

Some links that may be of interest>>>

www.nsrhpn.ca; <http://www.alliancept.org>; <http://www.nslegislature.ca/legc/statutes/apology.pdf>;
[Checklist for Privacy of Personal Information](https://www.canada.ca/en.html); <https://www.canada.ca/en.html>; www.physio-pedia.com