

To: and all other Physiotherapists in Nova Scotia
NSCP NEWSLETTER: WINTER EDITION 2018



SPECIAL ANNOUNCEMENT!!!

The NSCP Board of Directors is pleased to announce the appointment of Mark Williams PT. as our incoming Executive Director!!

Mark is a Dalhousie School of Physiotherapy graduate who is passionate about the profession and the provision of the highest standard of care for Nova Scotians. He is a collaborative and innovative leader and brings a depth of experience to the ED role along with significant project management and administrative skills. Additionally, Mark has both private and public sector experience and brings a wealth of board and governance experience having previously served the NS College of Physiotherapists and other provincial organizations.

We are excited to welcome Mark to The NS College of Physiotherapists as Executive Director. He begins his role officially on January 6, 2018 and can be reached from then on at office@nsphysio.com or by phone: 902 229 1001.

Please Note:

NS College of Physiotherapists AGM for 2017 will be held on March 3, 2018 ... Mark your calendars and come prepared to participate and learn. Vote in your new Board members...these are the folks that represent your point of view, regarding public protection, at the decision making table! Volunteer for a committee...GET INVOLVED!

NSCP AGM will be held on March 3 at Dalhousie University.

It will be in Theatre B in the Tupper Link from 9am-3pm

Lunch will be provided so you need to RSVP to Office@nsphysio.com

The NSCP AGM is where you will find out what has been going on with the College as well as current information on Practice Standards etc. Come and meet with your peers and learn something new...Earn some CE credits!!!

This year we are hoping to have a panel and follow up-discussion on Alternative Treatments... where is the clinical and physiological evidence that supports these treatments, what are the risks? Is it Physiotherapy? Should it be Rostered? Stayed tuned for more details and if you have a desire to be part of the panel please let me know at registrar@nsphysio.com

Point to Ponder over Coffee...

Am I maintaining Practice Standards and using professional Knowledge and Skills in my treatments?!

It is important to remember that **your patient is the person in front of you**, not the insurance payer!and.... You are **required to maintain the Practice Standards** of the NSCP **at all times** in your daily practice.



I am hearing far too often from:

- The patient who attended Physiotherapy for 6 weeks, got the same treatments each time and had no improvement; *Where was the re-evaluation with appropriate changes to treatment, or the consultations with one of our Specialists to help better plan treatments.* **We do not expect you to know everything, that is not possible; but we do expect, that in the best interest of your patient, you will consult with others and give the patient the best possible care they can get.**
- The patient who did Gym programs with somebody called “Billybob” but doesn’t know what Billybob’s title is or what his qualifications are. *Where was the informed consent for Billybob to carry on that part of the treatment...did you document it?* **There is no excuse for failing to obtain, and failing to document, informed consent on any assigned task or treatment or change in treatment. If it is not documented, it did not happen. (Perhaps get the patient to initial). If the patient doesn’t know what they agreed to, how informed was it? Identify yourself, and anybody you are involving in the care if your patient by title and /or role.**
- The person doesn’t understand the relationship between the physiotherapist and the employer or the third party payer, (be it WCB or Medical insurance). They are convinced it is a conspiracy so that the physiotherapist can make more money. *Where is the dialogue on billing and the expectations of both the PT and the patient? If there is a specific protocol, this should be explained to the patient and then consent obtained.* **Are you failing to remember that it is the best interest of the patient, not that of the employer, you or the payer, that you are required to serve? Cookie cutter programs do not work for everybody and we are to advocate for our patients and provide them the very best of care. Each patient is an individual with their own needs and expectations and it takes time to understand those needs. Don’t let yourself get time pinched regarding care and documentation ... that is where your professional responsibility lies first and foremost!**

Maybe it is time to read the seven Essential Competencies of the Physiotherapist, the Code of Ethics for Physiotherapists and our Professional Practice Standards. We need to remind ourselves of our roles as health professionals caring for our patients. Failure to uphold the Code of Ethics, or any of our practice standards is grounds for disciplinary action under professional misconduct. I suggest you read, heed and lead, by asking questions or consulting where appropriate and becoming the **preferred** service provider!

Please remember...It is your legal responsibility to notify the Registrar of any change in your practice status within 7 days, and to keep the Office informed of any changes to your name, your home address, your email address or your place of employment.

We post an up to date directory on our website to assist insurers and potential clients in their search for practitioners.

NS COLLEGE OF PHYSIOTHERAPISTS BOARD OF DIRECTORS

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Wayne Carlon Lay Representative / Peer Assessment Comm.

Patrick King, Exec Director (until Jan 6, 2018), Mark Williams Exec. Director (from Jan 6, 2018 on) and Joan Ross, Registrar (& Alliance Rep.) are the staff members.

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WWW.NSPHYSIO.COM :

We encourage all our members to regularly visit our website and check for news updates, new standards or drafts, updated Member Lists (verify that your own information is accurate), check out our Quality Practice Program with self-assessment tools and many more exciting things. Send Joan an email (registrar@nsphysio.com) if a change or update is required. Check out the Frequently asked questions ... perhaps you have some you would like to see added.

Registrar's Corner...

Some links that may be of interest>>>

www.nsrhpn.ca; <http://www.alliancept.org>; <http://www.nslegislature.ca/legc/statutes/apology.pdf>;
[Checklist for Privacy of Personal Information](#); <https://www.canada.ca/en.html>; www.physio-pedia.com