

NSCP NEWSLETTER

Summer 2018

HOW DO YOU LIKE OUR NEW FORMAT?

Thought we'd try something a little different this edition.

Let us know what you think.

Email your comments to:

office@nsphysio.com



PORTFOLIO PRO-TIPS:

Hey, let's be honest...nobody likes doing the portfolio review process. I certainly don't. Despite knowing that it is an important component of our Quality Practice Program many of us consider it a stressful event that occurs every 5 years and then is forgotten until the next cycle. Many keep their CE up-to-date but leave the other components to the last minute. How do you approach it? Do you set aside time every month/season/quarter/year to update your CE and pick away at one of the self-reflection activities?

Ideas to keep the process as stress-free as possible

- 1) Know when your portfolio is scheduled for review. We use your graduation year to identify when you are due, and the schedule is [posted on the website here](#).
- 2) Think of it as a 5-year process (or 4 or 3 or 2 or 1 depending on how much time you have left this cycle).
- 3) Get started before you get your notification message. There are usually changes to the process every year, but they are generally minor and the theme is consistent, so you won't be wasting time redoing a bunch of work. Here is [an example of the notification message](#) sent out this year.
- 4) For those of you who read the notification...take a breath...let it out...it's not as bad as it looks. Just get started and you'll see...
- 5) Remember all your CE hours from 2017 onwards need to be recorded in SkyPort from now on.

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POINT TO CONSIDER OVER COFFEE

I am receiving frequent calls / complaints about the attitude and treatment clients are getting from service providers when the services are being covered by insurers for MVAs and by WCB. I must remind you that **the client is your patient, not the payer!** You treat in the **best interest of the client always!** Take the time to explain the billing process to them and the implications of the insurers protocols upfront.

Most of all, remember that **physiotherapists are autonomous practitioners** who use “*professional physiotherapy knowledge, skills and judgement to obtain, regain or maintain optimal health and functional performance.*” Protocols are not always the right approach... listen to, and re-assess, your clients as needed, recognize when treatment is not as recommended by a protocol. We are not technicians following somebody else’s treatment recommendations trying to fit a payment scheme that works for them, and benefits you and/or your employer, but not your client.

When it comes to **release of information**, you must have a copy of consent from the payer indicating that the client has signed over right to access information. The **information in the chart is the client’s, not the payer’s**. The client always has a right to their own information and, if they have not already signed third party consent, they can also refuse release of their information to third parties. (Explain to them what your process is for the release of that information under PHIA, but you cannot refuse them, unless you have documentation that shows they have signed off on the right to access specific reports.)

You should also be aware of exactly what is in the contract that you or your employer has with third party payers as the charting frequency etc. in that contract may differ from that of the College.

RESEARCH STUDIES THAT YOU MAY WANT TO PARTICIPATE IN:

Click [here](#) for more details on the studies/surveys below:

#1

Subject: Research Study on Stroke Management in Canada

Goal of the Research Project: The purpose of this study is to investigate how clinicians promote community reintegration following a stroke during the outpatient and community rehabilitation phase.

Duration/Time Commitment: The survey should take no more than 20 minutes to complete and may be done at your convenience

#2

Subject: Survey on post mastectomy breast reconstruction because your members would provide a clinical perspective that we could benefit from.

Goal of the Research Project: This is part of a CIHR funded project aimed to incorporate patient perspectives in breast reconstruction research. This study uses the James Lind Alliance methodology, a new and proven method to bring together patients, care-givers and clinicians to identify critical and unanswered research questions in breast reconstruction.

Duration/Time Commitment: The survey should take 5 minutes to complete.

#3

Subject: Management of concussions

Goal of the Research Project: The purpose of the study is to evaluate the effectiveness of the management of sports related concussions and make recommendations for effective resources that might help athletes better manage concussions. We are looking for health care providers who have worked with patients who have experienced a sports related concussion within the past year.

Duration/Time Commitment: The research consists of a questionnaire and an optional follow up interview. The questionnaire will require approximately 10-15 minutes of your time. Interviews will occur approximately one month after the survey, will be approximately 30 minutes in length and will take place at a time convenient for you.

IMPORTANT NOTICE!

Please remember...It is your legal responsibility to notify the Registrar of any change in your practice status within 7 days, and to keep the Office informed of any changes to your name, your home address, your email address or your place of employment.

We post an up to date directory on our website to assist insurers and potential clients in their search for practitioners.

Visit WWW.NSPHYSIO.COM

for news updates, new standards or drafts, updated Member Lists (verify that your own information is accurate), check out our Quality Practice Program with self-assessment tools and many more exciting things. Recently added or updated on the Website: Information on Cross Border Practice, National Professional Practice Standards and new Essential Competency Profile; Check out the FAQ and perhaps you have some you would like to see added...let us know!

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