

NSCP NEWSLETTER

Fall 2018

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Contact us at:
office@nsphysio.com



Call for Volunteers

Want to get involved? Contribute to your profession? Make things better? Solve the world's problems? Well, we may not be able to solve all the world's problems, but 3 out of 4 isn't so bad! The College is looking for volunteers for various projects/working-groups. This means you can get involved, but on a short-term basis. Doesn't that sound like a great way to "test run" a committee and see how you like the work?

Here are few of the committees/working groups that are recruiting for members to:

The projects fall within the scope of 2 existing committees; Peer Assessment and Practice Standards. The projects/working groups are as follows

1. Peer Assessment
 - a. Practice tool for ensuring use of outcome assessments / measures
 - b. Re-entry/Bridging program
2. Practice Standards –
 - a. Scope of Practice & advanced practice
 - b. Regulatory/Legislative review

Want to know more? Reach out to your favourite (it's okay you can pick favourites) Board member or email our Executive Director at mark.williams@nsphysio.com.



PORTFOLIO PRO-TIPS:

Last Issue we gave you some ideas on making the portfolio review process a breeze. This issue we are going to focus on Continuing Education. What it is and ways to ensure you have all the CE you need and then some.

What Counts as CE?

Since the NSCP does not accredit courses we rely on you as a professional to ensure that the CE you report is relevant to your professional development. The portfolio review process is where the NSCP ensures you are using sound rationales for claiming CE hours.

There are basically 2 questions the Peer Assessment Committee will ask of each of your hours reported. The first question is “could we confirm this course or informal learning was actually done?” This question is answered by the details you include in your description. For formal courses that means including topic, date, time, location, presenter, etc. For self-directed learning it will vary, but generally includes journal references (for readings) or topic, names of colleagues, dates and times (for consultation / collaboration / mentoring).

The second question is “does the member have a good rationale for including this as CE?” In most cases this is obvious as the reviewer will have your job description and an understanding of your role, also most courses are easy to correlate. For example, leadership is an expectation in most PT roles, so any CE claimed for that is easy to rationalize. The same goes for most clinical courses, if they are evidence-based.

So...does the CE you have recorded pass the test? **If not, maybe you should mentor a student. Up to 60 mentoring hours can be claimed as CE! Check out Dal’s announcement below for contact information.**

One last point on CE. Just a reminder. All CE hours **MUST** be recorded in Skyport for 2017 and all following years. Our database will only calculate the hours you have entered in Skyport for those years, so if you have not entered it in Skyport your CE hours for 2017 and onward will show up as a big fat ‘zero’ when renewal comes. No one wants that.



POINT TO CONSIDER OVER COFFEE:

As we look at the next year coming up, and you are looking to update Portfolios etc. Please give serious thought to the Continuing Education you are doing. Scholarly learning is not all about upgrading treatment techniques, but also about building on existing knowledge and communication. From the calls I receive it would appear that physiotherapists can be poor communicators.

Standards 5, 8, 9 and 13 of the Core Practice Standards address a physiotherapist’s responsibilities, and the performance expectations on communication, consent, documentation and legislated responsibility. Are you familiar with these standards, expected outcomes and performance expectations associated with each standard?

I am being told Charting is minimal, delegation not well documented, subjective section is rarely documented beyond “no complaints” or “about the same” (Try to remember what that implied 12 months and many patients later.) Consents are not well documented, and many times not verbally asked for or received at the change of treatment, nor upon the introduction of other personnel in their care, if patients are to be believed, many of them do not know who the PT is and who the PTA is. **Listen to them and document their concerns...**it could be what saves you when the next complaint that is filed, is one against you. There has been an increase in complaints resulting from poor communication and errors in third party reporting, in part due to poor charting to draw the information from and from trying to rely on memory.

Remember that under PHIA, patients have the right to ask for corrections to their chart and you must have a process in place to deal with that. **Review the Core Practice Standards and Code of Ethics that you are responsible for upholding, because many of your patients already have and that is what they are expecting from you!**

ANNOUNCEMENTS FROM DALHOUSIE UNIVERSITY:

June 2018 marked the retirement of Dalhousie's School of Physiotherapy's Professor, **Cheryle Kelm**, as well as the closing of **Dr. Anne Fenety's** term as Director after 6 years of accomplishments in that role. **Congratulations to both**, and to **Dr. Derek Rutherford** who has accepted the position of Interim Director for the School.

Congratulations to Nancy Walker on news of her Canadian Physiotherapy Association Lifetime Membership Award, which will be presented at Congress in Montreal later this year.

The **Faculty of Health** Dean's Office recently welcomed two of our faculty members, **Dr. Cheryl Kozey** as Acting Dean until June 30, 2019, and **Dr. Shaun Boe** as Acting Associate Dean Research (filling Dr. Kozey's previous appointment), until June 30, 2019. **Congratulations** Cheryl and Shaun on your appointments.

Wishing **Dr. Marilyn MacKay-Lyons** a happy and productive sabbatical year in 2018/19!

We are pleased to announce that **Rhonda Reardon** has been appointed as Clinic Manager, with the [Dalhousie Physiotherapy Clinic](#). As Interim Clinic Manager, Rhonda's training and experience in evidence-based practice and patient centered care supported the successful launch of the Clinic this past December, and we are thrilled she will continue this momentum in a permanent role.



GET INVOLVED! BENEFIT FROM THE EXPERIENCE!!



We are looking for [Clinical Instructors \(CI's\)](#) for Dal PT student placements. Refine your teaching and mentoring skills, stay up to date on the latest evidence, recruit potential new staff, and fulfill your licensing requirements (**claim up to 60 CE hours**)! Contact Daphne@dal.ca for details on how you can benefit from supporting clinical education.

A MESSAGE FROM THE NSPA

Follow the [link](#) to find out more about how the NSPA helps you:

- ✓ Get Noticed
- ✓ Stay Current
- ✓ Save Money
- ✓ Strengthen the Voice of Physiotherapy in Nova Scotia
- ✓ Help Promote the Profession to the Public
- ✓ Support Emerging Best Evidence

Or sign up today at www.physiotherapy.ca/membership.

UN MESSAGE POUR NOS FRANCOPHONES

Bonjour,

Je m'appelle Sophie McIntyre et je suis stagiaire avec le Conseil de développement économique de la Nouvelle-Écosse (CDÉNÉ). Mon projet pour l'été est de mettre à jour et d'agrandir un répertoire de services en français. Ce bottin est un outil important pour les communautés acadiennes et francophones de la Nouvelle-Écosse. Veuillez voir le lien: <https://cdene.ns.ca/en/repertoire-des-entreprises-2>.

Nous voulons concentrer nos efforts sur les fournisseurs de soins de santé car l'offre active des services en français a de grandes conséquences pour ceux et celles qui cherchent les soins médicaux, les services en réadaptions physique, et le soutien psychologique.

Si vous pouvez offrir un service en français et vous désirez faire partie du Répertoire de services francophones, veuillez me contacter avec vos coordonnées à mon adresse courriel électronique : coordonnatrice@cdene.ns.ca. Si vous avez d'autres questions, n'hésitez surtout pas à communiquer avec moi.

Je vous remercie à l'avance de votre collaboration,
Sophie

CALL FOR SURVEY AND STUDY PARTICIPANTS

Follow the [link](#) to find out more about research studies currently being done that need you!

The studies/surveys are on:

- ✓ Multiple Sclerosis
- ✓ Low Back Pain
- ✓ Profile of Knowledge Brokers

IMPORTANT NOTICE!

Please remember...It is your legal responsibility to notify the Registrar of any change in your practice status within 7 days, and to keep the Office informed of any changes to your name, your home address, your email address or your place of employment.

We post an up to date directory on our website to assist insurers and potential clients in their search for practitioners.

Visit WWW.NSPHYSIO.COM

for news updates, new standards or drafts, updated Member Lists (verify that your own information is accurate), check out our Quality Practice Program with self-assessment tools and many more exciting things. Recently added or updated on the Website: Information on Cross Border Practice, National Professional Practice Standards and new Essential Competency Profile; Check out the FAQ and perhaps you have some you would like to see added...let us know!

CONTACT US:

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